

Becoming a Living Sacrifice



THE SACRIFICE OF ISAAC

Twenty Fifth Annual Conference
sponsored by the
Orthodox Christian Women of Montreal



Conference Speaker
Matushka Constantina Palmer

Date: Saturday, March 16, 2019
Time: 10:00am – 4:00pm
Place: St George Antiochian Orthodox Church
555 Jean Talon est
Montreal
Metro: Jean Talon
Cost: Registration: \$40
(includes breakfast, lunch, refreshments)
Information: (514) 738-4018 (Lila)
(514) 234-3794 (Lesley-Ann)
lesley.ann.judge@gmail.com

Past Conferences

- 1992 Juliana Schmemann, *Crestwood, NY*
- 1993 Evangelia Amirali-Hadjinicolaou, *Montreal*
- 1994 Mary Ann de Trana, *Richmond, VA*
- 1995 Mother Christophora, *Ellwood City PA*
- 1996 Father Andrew Tregubov, *Claremont, NH*
- 1997 Irene Vodantis Lafakis, *Birmingham, AL*
Juliana Schmemann, *Crestwood, NY*
- 1998 Fr John & Joanne M Abdalah, *Claremont, NH*
- 1999 Protopresbyter Thomas Hopko, *Crestwood, NY*
- 2000 Deborah Belonik, *Binghamton, NY*
- 2001 Kyriaki Karidoyanes FitzGerald, *Boston, MA*
- 2002 Fr John & Christina Reimann, *Los Angeles, CA*
- 2003 Evangelia-Lila Amirali, *Montreal, QC*
- 2004 Valerie Zahirsky, *Steubenville, OH*
- 2005 Protopresbyter Thomas Hopko, *Crestwood, NY*
- 2006 Denise Jillians, *Ottawa, ON*
- 2007 Gayle Woloschak, *Chicago, IL*
- 2008 Mother Christophora, *Ellwood City, PA*
- 2009 Khouriya Maggie Hock, *Omaha, NE*
- 2010 Protopresbyter Thomas Hopko, *Ellwood City, PA*
- 2011 Protopresbyter Thomas Hopko, *Ellwood City, PA*
- 2012 Archpriest Cyprian Hutcheon, *Montreal, QC*
- 2013 Matushka Yvonne Lysack, *Ottawa, ON*
- 2014 Mother Ines of Guatemala
- 2018 Archpriest Cyprian Hutcheon, *Montreal, QC*

All are welcome: Men & Women

Registration form and fee must be received by **Friday, March 8, 2019**

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A Conference sponsored by the Orthodox Christian Women of Montreal

To register, please mail this form with your \$40 fee, cheque payable to: *M/OT-Montréal Institute of Orthodox Theology*
Mailing address: 2875 Douglas Ave; Montréal QC H3R 2C7

(Please Print Clearly!)

Name _____ Phone (_____) _____

Your Parish _____ Circle one: Antiochian Greek OCA ROCOR Romanian Serbian Ukrainian _____

Home Address _____ City _____

Email _____ Postal Code _____

Speaker

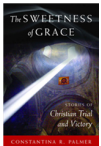
Matushka Constantina Palmer



Constantina R. Palmer is from New Brunswick, a quaint province on Canada's Atlantic coast. She lived in Thessaloniki, Greece, for almost six years, during which time she received a Master's degree in theology from Aristotle University, studied

Cretan style iconography, as well as Byzantine chant. Not one to simply learn from books, she also spent significant time at a number of women's monasteries throughout northern Greece. Currently, she lives with her husband, an Orthodox priest, in the province of Newfoundland and Labrador in Canada, serving the only Orthodox parish on the island of Newfoundland. She is also a social worker.

Matushka Constantina has authored two books:



The Sweetness of Grace is a collection of stories derived from conversations with Orthodox nuns, monks, and laypeople, along with experiences of Orthodox life in South Korea, Greece, and North America. These stories of faith, courage, struggle, and everyday miracles will inspire and delight you.

The Scent of Holiness: Lessons from a Women's Monastery is a collection of stories of Constantina Palmer's frequent trips to women's monasteries in Northern Greece, and is meant to be a modern-day Materikon written by a layperson for laypeople. Although the stories take place at a handful of monasteries, she has set them all in the one monastery to which she traveled most often.



The Program

10:00 Registration & Continental breakfast

10:30 Opening Prayer & Welcome

10:45 First Presentation

Spiritual Beginnings

Humble-mindedness; Keeping a Prayer Rule; Lending Your Talent to the Lord; Cultivating a Relationship with Saints

followed by Question Period

12:00 Lunch / Bookstores / Fellowship

1:30 Second Presentation

Spiritual Endurance

The Jesus Prayer; Spiritual Inventory; Patient Endurance

followed by Question Period

4:00 Great Vespers

Orthodox Christian Women of Montréal

The OCW is an organization of women from diverse ethnic backgrounds who want to learn more about their faith by sharing common experiences, knowledge and concern about our troubled world today. Each conference focuses on different aspects of our faith.

Sale Displays

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and
Alexandre & Alexander
Publishers and Distributors**



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Books, Icons, CDs, Audio cassettes
and other Orthodox items



The Orthodox Christian Women of Montréal has the support and encouragement of the Orthodox Clergy Association of Quebec